1. Introduction

The ideas of Schön, Gray and Tall open new perspectives in the development of reflective practice and learning systems. In the generative metaphor Schön (1993) presents important and influential new ideas about metaphor that have appeared in language acquisition, learning, scientific thinking and the creation of social policy. Metaphor described by Schön is linked with vase-faces figure (Fig.1). It has drawn the attention of researchers, some of whom (e.g. Korthagen & Lagerwerf, 1996; Bereiter, 1997), have based their studies in this metaphor. It has been a known fact that if some people look at the figure for the first time some would see a vase, while others would see two profiles of people. Along this line, Schön introduced with another way of seeing it “as two profiles pressing their noses into a vase” (1993, p. 163), a method which, as Schön explains, is achieved after people learn what is there to be seen. This metaphor represents a model of “a new integrating image” (Schön, 1993, p. 155, 156, 163); this model is used in the formation of integrating perception.

In their article on duality, ambiguity, and flexibility, Gray and Tall (1991) take in consideration the duality process-concept implemented in mathematics. They noted that the ambiguity of notation in mathematics “allows the successful thinker the flexibility in thoughts to move between the process … and the concept” (p. 72) and they hypothesize that the successful thinker achieves this success in mathematics because it uses a mental structure which is an amalgam of process and concept. Gray and Tall called this ‘amalgam’ procept. They further developed their theory in Gray and Tall (1991, 1994); Gray, Pinto, Pitta and Tall (1999).

Based on the ideas of Schön, Gray and Tall, the researchers have built a new model of teaching that includes dual treatments about the formation of integrating perceptions. It is believed that the formation of these perceptions among students has significant values in the process of learning; therefore, it should be included in the teaching process of mathematics and other subjects.
in school. Various authors (Gao, 2000; Jastrebov, 2001; Jastrebov, Menshikova & Epifanova, 2006; Artstein-Avidan & Milman, 2007) provide their experience in the possibility of the involvement of the dual treatments in mathematics in secondary education and university level. Adjustment of dual mathematical treatments even for the level of students in elementary education, became the object of studies since 2007 (Gjoci, 2011; 2012a,b; Gjoci & Kërënxhi, 2009a,b; 2010; 2012; Kërënxhi, 2011; 2012a,b; Kërënxhi & Gjoci, 2010; 2011).

The possibility of including dual treatments in elementary education is believed to be an additional experience for teachers towards education of students in active learning and critical thinking.

2. A practice that leads to critical thinking

How critical thinking is applied in children and what is its relationship with dual treatment? Founder of ‘Philosophy for children’ Matthew Lipman presents a particular conception about critical thinking of children build by him (Lipman, 2003) that gives a good experience for teachers of lower grades of elementary education. He characterizes critical thinking as “thinking that (1) facilitates judgment (2) relies on criteria, (3) is self-correcting, and (4) is sensitive to context” (Lipman 2003, p. 212). Experience and opinions given by scholars of cognitive psychology, philosophy and multicultural education (Anderson, Hiebert, Scott & Wilkinson, 1985; Resnick, 1987; Banks, 1988; Palincsar & Brown, 1989) bring to the conclusion that learning of students can be extended when the teacher can use a variety of thinking strategies and when students have the possibility to apply the new way of learning in new tasks. Critical thinking occurs when there is no possibility and ‘only one question is the right one’. According to the authors Temple, Crawfrord, Saul, Mathews and Makinster (2006), when that the student learns in an active way, it means that this student shows curiosity, asks questions, discovers new things, and uses his knowledge for problem solving. However, to reach the critical thinking, students should see the issues in different points of view, explore nuances of the consequences of ideas, and maintain an attitude based on reason. Dual treatments, as activities that lead to the formation of integrating perceptions, can be considered as a practice that contributes to the realization of critical thinking. In order to reach the level of critical thinking, through dual treatments of concepts of exercises and problems in mathematics Jastrebov (2001) states that:

“In the process of learning the math ... the teacher should have a big amount of problems according to the all topics that the course studies, which form the students with the vision of dual properties of mathematics. The problem of their optimal use remains to be resolved in experimental way.”\(^2\) (p. 53)

\(^2\) Ястребов, А.В. “В процессе изучения математики ... преподаватель должен располагать большим набором задач по всем темам изучаемых курсов, которые формируют у студентов представление о двуличистических свойствах математики. Вопрос об их оптимальном использовании следует решать в экспериментальном порядке.” (2001, p. 53)
If students are taught to learn actively, looking at issues under dual point of view, they will be prepared for the day when school would end and they would need to continue to self learn during all their lives.

3. Views on duality

Duality is not a new discovery in science, as knowledge come from antiquity. The following describes shortly some aspects of recognition of duality ‘yesterday’ and the evaluation that is made ‘today’. These aspects are of interest to show the importance that takes our idea that the dual treatments should be included in the process of learning and teaching.

“The term duality as used in our daily life means the sort of harmony of two opposite or complementary parts through which they integrate into a whole.” (Gao, 2000, p. xiii). Duality is the form and manner of existence of matter, legality of all processes of nature. Gao (2000) describes duality in nature as follows:

“Duality in nature is amazingly beautiful, for it is the way nature was created. Duality in nature is simply mysterious, for it is the way that nature exists. It is beautiful because all things were originally created in a splendid harmonious world. It is mysterious because different creatures have different patterns of duality. If we are not confused very often about the duality of natural phenomena, we do not really understand what it is. This may be the way that we exist.” (p. xv)

3.1. Duality of philosophy and psychology

Since the ancient times in Chinese philosophy, the ancient emblem ‘Yin - Yang’ which is the symbolism of the coexistence of opposites and change, had existed. “This symbol shows that nothing is all good or all bad, all dark or all light, all happy or all sad. All things exist only in relation to their opposites. … Everything can become its opposite.” (Kincher, 2008, p. 124). Dual philosophical views of many scientists are very familiar. Thus, in the historical-philosophical analysis that Duka (1986) makes to the concept of interaction, it is supported by the point of view of Descartes and Newton, despite the different views between them, in which they unite in the idea that matter exists as well as thinking. “This dualism confounded philosophical minds, especially about the issue how matter and thought interact, which are two substances independent of one another.”3 (Duka, 1986, p. 98). In his study on characteristics of dual position and the conditions under which it is possible dualism in philosophy, Ivanov (2006) states: “one of the strange features of cognitive philosophy of the second half of the twentieth century is the return of dualism in philosophy”4 (p. 3).

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3 Duka, S. “Ky dualizëm turbulloi mendjet filozofike sidomos rreth çeshtjes se si bashkëveprojnë materia dhe mendimi, këto dy substanca të pavarura nga njëra-tjetra.” (1986, p. 98)
4 Иванов, Д.В. “Одной из удивительных черт философии сознания второй половины XX в. является возвращение дуализма на философскую сцену.” (2006, p. 3)
Studies in psychology often point out the special ability that the human brain has in order to work separating periodically object once in one logical plan and then in a different one. To demonstrate this ability of the human brain in many cases are, the gestalt pictures are taken as examples (Fisher, 1995; Pettijohn, 1996). “The gestalt figures are used ordinarily to show how “the same figure” may be seen in very different, incompatible ways.” (Schön, 1993, p. 163). Gestalt images demonstrate in an obvious way the possible existence of dual attributes in the same object. One of gestalt figures that we find often is vase-faces figure.

### 3.2. Duality in mathematics

In VI century BC, Pythagorean theory was based on the idea that numbers are the origin of all things. “Laws of formation of numbers were considered as laws of the formation of things. The most important of these laws was, according to Pythagorean scientists, the duality of odd numbers with even numbers. This duality was taken as the basis of nine other dualities, which divided the world in two: limited - unlimited; one - many; right - left; male - female; light - shade; good - bad; mobile - immobile; straight - curved, square - rectangle.” (Minga, 1988, p. 54). Just as in the emblem ‘Yin-Yang’ or as in vase-faces figure, these dualities express two opposite poles within the same object, two categories within the same display. Even today, it is acknowledge that the meaning of ‘victory’ cannot exist without the meaning of ‘defeat’, ‘fast’ without the meaning of ‘slow’, while in the field of mathematics there cannot exist the meaning of ‘big’ without the meaning of ‘small’, ‘width’ without the meaning of ‘length’, ‘maximum’ without ‘minimum’ etc. “Mathematics lies at the root of duality” (Gao, 2000, p. xiii). Science of mathematics, as well as the other sciences, is characterized by an entity of the dual attributes. Jastrebov (2001) describes the dual attributes of mathematics classifying them into these dualities: activity-product, the individual-society, inductive-deductive, empiric-theoretical. In the analysis that Aronov and Znamenskaja (2006) do to the ‘mathematical competence’ they develop further the classification of Jasterbov (2001) adding to it the emotional-volitional duality. Researchers emphasize that dual nature of the science of mathematics should be considered during its study as a school subject (Artstein-Avidan & Milman, 2007; Jastrebov, 2001; Erdniev & Erdniev, 1996; Jastrebov, Menshikova & Epifanova, 2006). For this problem Jastrebov (2001) states:

“...dual properties of mathematics express its fundamental properties, which precisely because of their importance, should be understood in the process of its study” (p. 53).

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5 Minga, A. “Ligjet e formimit të numrave konsideroheshin si ligje të formimit të gjërave. Më i rëndësishmi i këtyre ligjeve ishte, sipas pitagorianëve, kundërtia e numrave tek me numrat çift. Kjo kundërti merrej si baza e nëntë kundërtive të tjera, që e ndanin botën në dysh: i kufizuar - i pakufizuar; një - shumë; djathtas - majtas; mashkull - femër; dritë - hije; i mirë - i keq; i lëvizshëm - i palëvizshëm; i drejtë - i lakuar; katror - drejtkëndësh.” (1988, p. 54)

6 Ястребов, А.В. “...дуалистические свойства математики выражают её существенные свойства, которые, именно в силу их важности, должны быть осознаны в процессе ее изучения.” (2001, p. 53)
3.3. Duality in reflective practice and learning systems

In the development of reflective practice and learning systems, Korthagen and Lagerwerf (1996) elaborated the model of three levels in which it offered an ‘integrating image’ according to the model proposed by Schön (1993). They suggested the possibility of integrating the two viewpoints, which are learning and cognitive theory. Korthagen explains that: “The model is an elaboration of a theory on levels in mathematics learning developed by Van Hiele (1986), which in turn, is based on Piagetian notions about levels of cognitive development. Empirical data supporting the model were presented in Korthagen and Kessels (1999), and most extensively in Korthagen and Lagerwerf (2001)” (Korthagen, 2010, p. 100). For their model Korthagen and Lagerwerf state: “One important aspect of the realistic approach is that it builds on the notion of gestalts” (2001, p. 12). In Korthagen (2010), the three-level model was summarized in a more holistic way of describing the relationship between teacher cognition and teacher behavior.

“In the present day, the theory of duality has become a vast subject, especially due to the modern work in optimization, game theory, economic science, theoretical physics and chemistry, mathematical programming, variational analysis, nonconvex-nonsmooth analysis and control, critical point theory and in many other areas” (Gao, 2000, p. xiii). By interrupting here the endless list of the occurrence of dualities, we emphasize that for sure the XXI century will give duality the value that it deserves.

4. Integrating perceptions based on dual treatments

“The thinking in general is addressed towards the things that are not known. A person is curious and he wants to learn about everything” (Gjoci & Kërënshxi, 2009b, p. 24). The researchers believe that this exact tendency, which may be encouraged during the process of learning of mathematics for the formation of integrating perceptions, should be combined with the ability to learn the mathematic theory and exercises, viewing them in a dual point of view. This is possible to be realized in mathematics due to its dual character.

But how can be the duality involved in teaching mathematics in elementary education? What are the meanings that accept dual interpretation? Does duality exists in exercises? Can problems accept dual formulation? To what extent dual treatments affect the formation of integrating perceptions? Which elementary education classes can begin dual treatments? These issues and others that are related to the possibility of implementing our model in teaching became the object of a study that we have accomplished during the school year 2009-2010.

4.1. Favorable situation

The study was incited by a number of national projects applied in Albania that started with the project: ‘Project for Development of Education in Albania’ by AEDP-1997, which lasted three years. It included as its sub-project: ‘Development of creative and critical thinking’ by AEDP-
1998. It was later extended with the project: ‘Improvement of the quality of teaching and learning in Albania’ by AEDP-1999, which lasted about a year including other smaller projects in terms of distribution and participation. This study was initiated by following this road opened by the application of these projects. The researchers tried to implement the experimental phase, which was related to study of the formation of integrating perceptions during the school year 2009-2010. At this stage, they engaged in elementary education for teachers, who had a good experience of participation in projects on the experimentation of new teaching techniques and who quickly adapted to the techniques of dual treatments. To evaluate the effectiveness of the implementation of the model, the said teachers were observed and interviewed and chose two separate cases, 48 students of ages 7, 8, 9 and 10 years old who were selected in classes where the study was conducted.

4.2. A new model of teaching

This model is based on the model of Gray and Tall (1991) for the duality between process and concept in mathematics in the model of ‘integrating image’ proposed by Schön (1993). Their models had been incorporated in the present investigation by treating these models in a different standpoint.

4.2.1. Theoretical Model

In duality concept-process of Gray and Tall (1991), ‘procept and proceptual facts’ had been focused and had been treated them in two different angles. The formation of integrating perceptions as the ultimate achievement of the model had been considered too. To clarify the model used, the mathematics of elementary education was referred, however, this model can be successfully applied in other subjects. The formation of integrating perception means that the students are enabled to perceive ‘integrating image’. This means that just like some people who acquire such skills to see both images simultaneously in the vase-faces figure, students should also be trained to recognize both the existence of the two categories, or in other words, the existence of duality within the same appearance, which may be a concept, exercise or problem. Creation of such skills among students was the first application in the inclusion of dual treatments in elementary mathematics. But what do we understand with the saying: dual treatment in elementary mathematics?

With the dual treatment in mathematics in elementary education, a special way of interpretation, analysis, formulation or solution that is made respectively to the concept, exercise or problem that carries with in itself a dual nature was utilized.

4.2.2. Dual treatment of concepts

Concepts are represented by symbols, while the symbols act dually as process and concept. To further clarify this statement we refer to Gray and Tall (1994) who state:
“The ambiguity of notation allows the successful thinker the flexibility in thought to move between the process to carry out a mathematical task and the concept to be mentally manipulated as part of a wider mental schema. Symbolism that inherently represents the amalgam of process/concept ambiguity we call a ‘procept’. We hypothesize that the successful mathematical thinker uses a mental structure that is manifest in the ability to think proceptually.” (p. 116).

In addition to the ambiguity of notation, which allows the student to think proceptually, another model of the ambiguity of notation which allows students to handle this symbol under the dual standpoint with the aim of forming integrating perception was provided.

Here are some examples:

1. The ‘bigger’ concept and the ‘smaller’ concept, which are accompanied by corresponding symbols, are a display of the existence of duality in the concepts of mathematics because when we say that a number is bigger than another number, in the same time the second number is smaller than the first number.

2. When we say that the segment [AB] is longer than the segment [CD], at the same time segment [CD] is shorter than the segment [AB].

3. A triangle is called a right-angled triangle if it has an angle equal to 90°, and if in a triangle we recognize that one of its angles is 90° then immediately we stated that it is a right-angled triangle.

To achieve the creation of integrating perception among students, the teacher must teach them that when given to a student the inequality, students should see it once on one side and once on the other side of the sign of inequality. This flexibility of seeing the problem makes that after a sufficient number of teaching sessions, students gain the special ability of seeing simultaneously the two relations: ‘bigger’, ‘smaller’. That is to say, if students are given an inequality, for example 3>2, in their mind should come immediately to two ways: ‘3 is bigger than 2’ and ‘2 is smaller than 3’. It can be described in an analogue way even the procedures for the other examples, therefore, after a practice directed by teachers, when talking about the comparison of segments in the minds of students, should arrive in their mind at the same time the two relations ‘longer’, ‘shorter’ or when we speak of right-angled triangle, in their minds should immediately spark the feature of having an angle 90°. Only after students have acquired the skills described above, one can say that the concepts addressed, ‘bigger’, ‘smaller’; ‘longer’, ‘shorter’; ‘right angle’, ‘90°’ as dual property of the relations of comparison respectively of the set of numbers, and segments and figures is achieved the creation of integrating perceptions.
4.2.3. Dual treatments of exercises and problems

Gray and Tall (1994) state: “… we consider the duality between process and concept in mathematics, in particular, using the same symbolism to represent both a process (such as the addition of two numbers 3+2) and the product of that process (the sum 3+2)” (p. 116). As following, numerical equation 3+2=5 is treated by them as proceptual fact that can produce new proceptual facts. We think that the inclusion of dual treatments in the moment of provision of the process of summery or other mathematical operations, it facilitates the transition to the new proceptual facts. Examples of dual treatments:

1. “The symbol 5+4 represents both the process of adding through counting all or counting on and the concept of sum (5+4 is 9)” (Gray & Tall, 1994, p. 120). Numerical equality 5+4=9, which keeps on the left side the process described by Gray and Tall, while keeps on the right side the result of the sum, should be treated in a dual way. This means that it should be treated as an equality that is shown as the sum of the numbers 5, 4 is 9, and 9 disassembled as the sum of two numbers 5, 4.

2. “The symbol 3/4 stands for both the process of division and the concept of fraction” (Gray & Tall, 1994, p. 120). To gain a clearer perception of the division process and the fraction concept, dual treatment should accompany the process for the formation of the concept of division. As a result the dual interpretation associated with the procedure of division should be: when the second number divides the first, at the same time the first number is divided by the second number.

3. “The experience shows that the creative thinking skills are increased when solving of the problem is associated … with the dualism of problem. Where we say dualism of the problem we have into consideration the formulation of a new problem … which we will call below the dual problem.” (Gjoci & Kërënixhi, 2009a, p. 458). Let’s give an example of the dual formulation of the problem: Anna is 13 years. Genta is 2 years younger than Anna. How old is Genta? Dual formulation: Anna is 13 years. She is 2 years older than Genta. How old is Genta?

To understand better the formation of integrating perceptions through dual treatments we present it in Fig.2.
5. Capacity building of teachers in order to implement the model

It is recommended that these strategies from the present investigators did not intend to change the curriculum content, but just the way how it will be applied to the students. By cautious study of mathematics textbooks for grades 1-4, (Dedej, Spahiu & Konçi, 2009a,b,c,d), it was concluded that they generally contain examples that teachers could do dual treatments. However, they had quite a few shortcomings of presenting the models which if they were included in the textbook would have created better opportunities for teachers and students to use dual treatments, consequently it was a task for teachers to fulfill this lack of the text. Despite the interviews and surveys done with teachers, some observations helped the researchers better understand the inadequacy of teachers in the understanding of duality.

Teacher Ina: From the observation of the third grade class on the topic of 5.3, it was learned that teacher Ina understood the duality of the problem only in the solution of the problem in two different ways. From the thorough study of curricula conducted, it was known that third-grade program required that for problem solving did not show how students should be trained to look at things from different angles (Dedej & Frashëri, 1986). Teachers about the requirements of the program and arrived to the conclusion that as long as the problem except dual solution accepted even the dual formulation, then its dual formulation could be included in lesson.

Teacher Bona: From the observation of the fourth grade class on the topic of 5.8, it was noted that teacher Bona accepted as dual the opposite problem of the given problem. Without underestimating the importance of the opposite problem, the researchers discussed with the teacher the fact that the opposite problem of a problem does not make a dual problem. “The feature of mutually dual problems is that they differ from the formulation, but their solution is the same.” (Gjoci & Kërënxi, 2009a, p. 459). Therefore, duality in the problem considers a new formulation of the problem that can be given by the teacher or student.

Taking into consideration the study of curricula, gathered information from interviews and observations made in a class hour, the concepts, exercises and problems that accepted the dual treatment, into three main groups were separated:

- In the first group, models with which teachers did not face difficulties for dual treatment were included

- In the second group, models where teachers faced partially difficulties in dealing with their dual treatment were considered.

- In the third group, models which teachers can not treat from the dual standpoint, but that in the following hours of teaching mathematics they should be treated as such once they carried a dual nature were noted.
At this stage, the researchers built their work on the basis of the individual in such a way that they could assist the teachers to overcome as soon as the difficulties faced with models of the second and third groups.

After this phase, the results were felt especially in the observations that were made in the last months of the school year. In the observed hours, it was noticed that there was a significant improvement of the teaching of teachers, optimism and security. But what is the foremost important one, these elements were not seen only in teachers but also among students, few of whom had already won integrating perceptions. Teacher Ina: “I am now quite happy with myself and with my students. We have clear dual treatments and discuss it together freely for new opportunities. We try to apply it not only in mathematics but also in other subjects.”

Bona, fourth grade teacher, which in the first observation accepted as dual problem of a given problem its opposite, in the topic of lesson 7.8 she built in collaboration with the students an example that included: the problem, the opposite of the given problem, and their two dual problems. Solutions to these problems were done by students.

6. Integrating perceptions among students

The other aspect that the researchers were interested to learn was how much the students have benefited from this, how much they were influenced by the dual way of learning mathematics. To receive an answer about this problem, students who participated in the study and some students of parallel classes were tested and their answers were compared.

In testing done in 12 selected students in two first parallel classes this exercise was given: write as many equality and inequalities with the numbers 2, 5, 7. Do you notice any connection between the inequality 5>2 and 2<5? By comparing the given answers of students from both classes was noted that the students of the experimental class gave more complete answers than the students of the non experimental class. For example, in the non experimental class we observed that students wrote equation 2+5=7 (100%), and generally was lacking the equation 7=2+5 (34%). Equation 7=2+5 was found written without defaults (100%) in the students of the experimental class. In terms of description that has to do with the relation that exists between the two given inequality, students of the experimental class answered almost unanimously that is the same inequality but read in two different ways (83%), whereas students of non experimental class partially answered same way, only 34% of students.

In testing done in 12 selected students in two second parallel classes, this problem was utilized: Problem 1. Anna bought 26 notebooks. Bora bought 8 notebooks less than Anna. How many notebooks have the two girls bought together? Requirements:

a. Create a scheme for solving of the Problem 1.

b. Solve the Problem 1.
c. Maintaining the records of the Problem 1, formulate a new problem, Problem 2, which is solved the same way as the Problem 1.

d. Build scheme for solving Problem 2 that you formulated and solve Problem 2.

The students were divided into groups and we waited for their written responses. Students of the experimental class gave more completed answers.

At the end of the school year, the teachers of the experimented class were interviewed regarding topics of lessons for which they had applied the dual treatments, for the number of classes hours for the new concepts or skills training in which teachers and students have made dual interpretations; as well as for the amount of class hours in which problems were implemented with dual formulation or solution of the dual problems. They have given this data: they had managed to implement a dual treatment up to 30% of the teaching subjects, in 34% of class hours they had used new concepts and reinforcement of skills and 27% of hours with problem solving. In the graph 1 there is shown the implementation of dual treatments, of concepts’ interpretation and dual analysis, of dual solving and formulation of exercises and problems from the teachers of 1-4 grades.

Graph 1 Teachers dual treatments

![Graph 1 Teachers dual treatments](image)

Indicators of experimental classes on gaining of the concepts and themes that carried dual treatment, compared to the non experimental classes, were encouraging. Interest and desire of students of different levels of learning mathematics marked a step forward. Concerning the experimental program it covered, where we saw opportunities, involvement with dual treatment of concepts, processes and proceptual facts without giving teaching overload. Selected models were used by teachers in mathematics classes to develop in students an important aspect of critical thinking, especially in the ability to see issues in duality, the skill which is also called integrating perception.
Until now, the present investigation indicates that the dual treatment in the process of learning mathematics in elementary education significantly affects the growth rate of an understanding of this subject, leading students to the formation of integrating perceptions and development of critical thinking. It is believed that there are all possibilities that the dual study can be a method of thinking and reasoning for the students starting from the first grade of elementary education. Active teaching methods that are based in integrating perceptions can be applied by the elementary teacher even in other subjects. When studying mathematics, biology, language, literature and every other academic subjects, students can be encouraged to think and learn actively and to implement and expand beyond what they have learned through dual point of view for the formation of integrating perceptions.

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